

VISION

NAMI envisions a world where all persons affected by mental illness experience resiliency, recovery and wellness.

MISSION

At NAMI Juneau, we provide education, advocacy, support, and public awareness so that individuals and families affected by mental illness can build better lives.

Dear Supporters & Friends :

NAMI Juneau is our community's voice on mental health and a dedicated champion of those impacted by mental illness. We put hope into action through education, information, and creating connections so families can find solutions that work best for them. Peer support is central to the work we do. Trained Peer Mentors share their stories, collective insight, and messages of hope to help others during challenging times. These peers demonstrate on a daily basis that living well is possible. This year we expanded our capacity to educate and support individuals living with a mental health condition through a ten-session class called NAMI Peer-to-Peer. NAMI Juneau's Peer Council was instrumental in establishing this new program and graduating 12 individuals this year... I am grateful for their leadership and support.

We share these and other accomplishments in this report, along with our appreciation for all the volunteers, donors and community partners whose generosity makes our work possible.

Crystal Bourland
NAMI Juneau Executive Director

2015-2016 BOARD OF DIRECTORS

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EDUCATION & SUPPORT BY THE NUMBERS

EDUCATION & SUPPORT

25 NAMI Basic Graduates

10 Family-to-Family Graduates

18 Family Support Group Meetings

2 Peer-to-Peer Courses

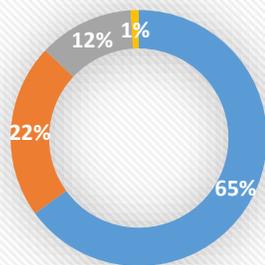
170 Inside Passages Participants

2 Advocacy Trainings

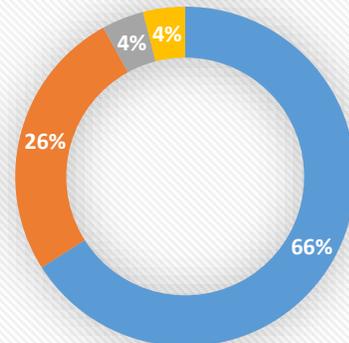
18 Peers trained to lead NAMI programs

FINANCES

FY16 Income



FY16 Expenses



Mental Health Trust Authority **\$90,600**
 Membership & Individual Giving **\$9,060**
 Fundraising Events **\$20,745**
 Grants **\$17,350**
 Other **\$2,050**

Total FY16 Income: \$139,805

Administration **\$77,810**
 Programs **\$29,825**
 Fundraising **\$4,160**
 Other **\$2,095**

Total FY16 Expenses: \$113,890

ACCOMPLISHMENTS THIS YEAR

- We continued to provide NAMI's nationally recognized family education and support programs that ensure anyone impacted by mental illness feels connected, supported and empowered to make informed decisions about what works best for their family.
- We established a new mental health consumer education program called Peer-to-Peer. This ten session course provides practical information, wellness strategies and mutual support to help meet the challenges of living with a mental health condition.
- We strengthened our relationship to NAMI affiliates in Alaska by initiating a monthly networking call between organizations. We continue to collaborate on facilitator trainings so more people throughout the state can access NAMI's nationally recognized programs.
- We hosted nine unique presentations through Inside Passages, a community outreach program that features a variety of topics on mental health and wellness.
- We contributed to the mental health literacy of 118 high school youth through NAMI's awareness and education presentation, Say It Out Loud.
- We participated in the first Crisis Intervention Team (CIT) training for local police officers. CIT is a national law enforcement training program to help improve emergency response to people in mental health crisis.
- We raised over \$16K in unrestricted funds to support the mission-driven work of NAMI Juneau through our annual Comedy for a Cause and Extra Tough 5K events.

"When I started this [NAMI Basics] class my daughter had been recently diagnosed with anxiety disorder. During the presentation period, we experienced a suicide attempt, hospitalization, crisis stabilization and are preparing for residential treatment as the class ends. Having this great team of presenters and their personal experience as guides has made the journey bearable and contributed to our success in getting her what she needs." –NAMI Basics Participant

"The amount of information you present, the range of topics and the very detailed resource binder are truly impressive. But more than that, it is the commitment of your dedicated facilitators, role models who have met and are conquering mental illness in their own families that is so powerful."

- NAMI Basics Participant

"It has been and continues to be a beautiful honor and privilege to work with NAMI Juneau in helping others with mental illness to find tools and hope for a better life."

–Peer-to-Peer Mentor

VOLUNTEER APPRECIATION

Over 50 volunteers contributed 1,450 hours to NAMI Juneau this year! The work of our volunteers creates a strong foundation for all that we do as an organization. It is their time, dedication, and lived experience that makes our work possible. Thank you for all the hands and hearts that moved our mission forward!

WHAT'S NEXT? NAMI JUNEAU'S FY17 PRIORITIES:

FINANCE

Ensure long-term revenue is sufficient to adequately support NAMI Juneau's mission.

LEADERSHIP

NAMI Juneau will have an engaged and well-trained leadership team.

PROGRAMS

Community is aware of and participates in NAMI Juneau's quality programs.

VOLUNTEERS

NAMI Juneau becomes a volunteer organization of choice in Juneau.

Thank you to all the donors and members who support our mission!

Thank you funders and event sponsors:



Juneau Tlingit Haida Community Council
Chatham Electric, Inc.
Dr. Bruce & Charmaine Weeks
Dr. John and Sara Raster
Dr. Lindy & Colleen Jones
Murray & Associates, P.C.
Nugget Alaska Outfitters
Partnership for a Tobacco Free Southeast
Ron's Apothecary Shoppe
Southeast Radiation Oncology
AEL&P
JAMHI Inc.
Southeast Psychiatry
Juneau Youth Services
Shattuck & Grummett Insurance

STAY CONNECTED

- SIGN UP FOR MONTHLY E-NEWSLETTERS
- BECOME A MEMBER OF NAMI
- LIKE US ON FACEBOOK
- SHARE YOUR STORY THROUGH OUR ONLINE STORYBANK
- LEARN ABOUT VOLUNTEER OPPORTUNITIES