

Supporters & Friends,

Sometimes knowing we're not alone makes all the difference. NAMI Juneau's programs are a lifeline and connect people experiencing similar challenges to a supportive and informed community. We continue to share our stories of mental illness recovery and resiliency to help others find solutions that work for them. For over 10 years, NAMI Juneau has been on an amazing journey of growing our organization and programs, thanks to the generous funding of the Alaska Mental Health Trust Authority. We share a few of our accomplishments in this report and gratitude to the volunteers, members and supporters whose generosity makes our work possible.

OUR MISSION

To provide education, advocacy, support, and public awareness so individuals and families affected by mental illness can build better lives.



2017-18 Board of Directors: Tristan Berkey, Brenda Bowers, Bonnie Chaney, Debbie Fagnant, John Hartle, Michael Lukshin, Sandi Pahlke, Sara Raster, Marna Schwartz

Staff: Crystal Bourland, Executive Director Alonzo Rumfelt, Outreach Coordinator (2017)

IMPACT + HIGHLIGHTS

The National Alliance on Mental Illness selected NAMI Juneau as “Outstanding Affiliate of 2018”

NAMI Juneau received re-affiliation status through our national office. This multi-year process ensures affiliates throughout the country are exercising good governance and adhering to NAMI’s standards of excellence.

In partnership with NAMI National, we piloted a four-hour seminar that informs people who have loved ones with a mental health condition. We held three “Family & Friends” seminars with 38 individuals participating.

Following a statewide facilitator training, the Connection Support Group officially launched in September. This recovery-oriented support group has been utilized by over 30 individuals this year with an average of seven participants per meeting.

Three NAMI signature multi-session programs were offered this year. Feedback continues to reflect strong satisfaction. 100% of respondents said that they would highly recommend the program to others. 95% said that because of attending the program, they could better navigate the supports and services available to them or a loved one.

The Mini Grant Program helps individuals living with a mental illness access funds to support their recovery. NAMI Juneau helped facilitate 13 grant applications, all of which were awarded by the Alaska Mental Health Trust Authority.

The Hasty Half Marathon group teamed up with NAMI Juneau during Mental Illness Awareness Week and raised \$2600 to support our efforts! NAMI Juneau promoted and participated in numerous prevention, informational, and awareness activities with our partners – the Juneau Suicide Prevention Coalition, the Juneau Reentry Coalition and Juneau’s Behavioral Health Provider Network.

“I felt at my wits end, the stress, and numerous emotions started to build up as I was trying to help and deal with my loved one’s behaviors. I found the support group after doing the “speed” family class [Family & Friends] and just the act of sharing my experiences and hearing others lifted the weight off my shoulder.”

“The Peer-to-Peer and Connection group have opened my mind to becoming more involved with NAMI. The more education and support I get, the better I feel in daily life.”

VOLUNTEERS



25 graduates from NAMI Juneau’s multi-session programs



17 volunteers trained to facilitate NAMI programs



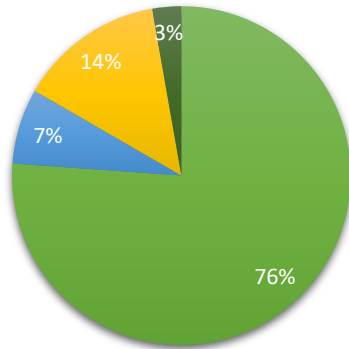
45 mutual support group meetings held with **60** individuals participating



110 youth provided with mental health education and resources

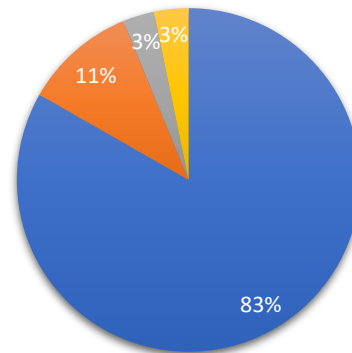
FY18 FINANCES

FY18 REVENUE



■ Grants ■ Donations ■ Fundraising Events ■ Misc. Revenue

FY18 EXPENSES



■ Administration ■ Programs ■ Fundraising ■ NAMI Convention

Grants \$106,000

Alaska Mental Health Trust Authority BPI Project
Juneau Community Foundation's Hope Endowment Fund

Fundraising Events \$19,350

Comedy for a Cause
Hasty Half Marathon Donation

Donations \$10,030

Memberships, Individual and Business Donations

Miscellaneous Revenue \$3,850

Great Blue Heron Fund
NAMI Program Grant

TOTAL FY18 REVENUE
\$139,230

Emergency Operating Reserve: \$45,200

Administration \$103,210

Two staff positions, facility, telecommunications, business insurance, and general supplies

Programs \$13,050

Program expenses and facilitator trainings

Fundraising \$3,670

Event expenses

NAMI Convention \$4,030

NAMI National Convention Subsidies

TOTAL FY18 EXPENSES
\$123,960

THANK YOU TO OUR MEMBERS, DONORS & SUPPORTERS!

The TRUST

The Alaska Mental Health Trust Authority



Rainforest PEDIATRIC CARE



Hope Endowment Fund
Great Blue Heron Fund

Douglas S Weaver, DDS



Patricia Adkisson	Paul & Diane Deslover	Brianna Joralemon	Sandi Pahlke	Andi Story
Thomasina Andersen	Lia Domke	Laura Kelly	Maggie Paukan	Barb Streveler
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