

# LGBTQ2+ LOCAL RESOURCES

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## Wellness Wednesdays

(supportive space for LGBTQ2+ youth/youth of color)

JOM room at YDHS and JDHS

Contact [david@htlcoalition.org](mailto:david@htlcoalition.org) for times

## The Alliance (Social group for LGBTQ2+ middle schoolers)

After school at TMMS

Contact the ZGYC at [\(907\)586-2635](tel:(907)586-2635) for times

## Gender Affirming Items Scholarship for Youth

Open to any Juneau trans & gender diverse youth

Apply at [namijuneau.org/LGBTQ2](http://namijuneau.org/LGBTQ2)

## Transgender Therapeutic Support Groups

- Gender Support Group- ages 12-19 (3rd Thursdays at ZGYC, scholarships available)
- T-Group- Monthly support group for Trans & gender diverse people
- Transfeminine Psychotherapy Group

[margiethomsoncounseling.com](http://margiethomsoncounseling.com)



Juneau

## Queer Wellbeing Workshops

Free by/for workshops that promote joy & belonging for LGBTQ2+ adults.

[namijuneau.org/lgbtq2](http://namijuneau.org/lgbtq2)

## Connect (by/for LGBTQ2 support group)

A support group of AWARE [saralynt@awareak.org](mailto:saralynt@awareak.org)  
907-586-6623

## Identity Alaska (virtual)

Variety of online groups

[identityalaska.org/gathering-spaces](http://identityalaska.org/gathering-spaces)

## Alaska Parents of Trans Youth Support Group (virtual)

3rd Mondays, 6-8pm

[transfamilies.org](http://transfamilies.org)

## SEAGLA

SEAGLA offers social activities, including pride events. Find more information at [instagram.com/the\\_seagla/](https://www.instagram.com/the_seagla/)

# LGBTQ2+ NATIONAL RESOURCES

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## **The Trevor Project**

24/7 call, text, and chat support for LGBTQ+ youth

[thetrevorproject.org](http://thetrevorproject.org)

1-866-488-7386

## **Trans Lifeline**

24/7 Trans peer support, by/for Trans people

[translifeline.org](http://translifeline.org)

1-877-565-8860

## **TransFamilies**

Virtual support groups for Trans youth & their families

[transfamilies.org](http://transfamilies.org)

855-443-6337

Find more information at [namijuneau.org/lgbtq2](http://namijuneau.org/lgbtq2)